



KNOW YOUR LEGISLATORS

The U.S. House of Representatives is a chamber of the bicameral U.S. Congress; it is the lower house, with the U.S. Senate being the upper house. Together, the House and Senate have the authority to pass or defeat federal legislation, known as bills.

The number of voting representatives in the House is 435, proportionally representing the population of 50 states.

The number of voting Senators is 100, 2 in each of the 50 states.

Florida has 28 Districts in the House of Representatives.

Each State has 2 Senators



LEGISLATIVE

June 2025

Be an Advocate – Be Informed – Be Engaged

USEFUL INFORMATION

FINDING YOUR LEGISLATORS

Go to the internet and type in the following address:

www.usa.gov/elected-officials

Once you find your representative and/or senator, write down the physical address of their district office in FL, the email address, telephone number of their district office and the Washington, D.C. office.

- Find out where they stand on Veteran issues.
- Write a letter as a constituent.
- Be passionate and professional
- Don't assume they know our issues they have so many.
- Make a friend of the staffers – often they decide what gets attention first.

ACTION CORPS WEEKLY

**Life, Liberty and Justice
for our Veterans**

The VFW Action Corps is what gives the VFW its strength in advocating for our nation's heroes.

This electronic newsletter is published every Monday to help keep members and patriotic supporters informed and updated on issues facing our veterans, military, and their families.

If you sign up for the ACTION ALERT, you will get an email that you can act on. Just click on the link in the email and fill in your information and it will go to your representatives or senators. It doesn't get easier than that, so join today and help your members do the same.

www.vfw.org/JoinActionCorps

All these resources can be found in Malta → Member Resources → Legislative

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